

# Letter Actions and Words

Say the letter name, then the sound while doing the action, then the word.

A a (take a bite from an imaginary apple) apple

B b (chop with your hand parallel across lips as a reminder to chop off the schwa) ball

C c (shape your hand into a C) cat

D d (hand perpendicular to your mouth and chop upwards. This reminds your child that your tongue is on the top of the mouth) dog

E e (move your hand in a curve like you're going over an edge) edge

F f (point to your two front teeth to ensure proper mouth placement) fish

G g (2 fingers on your throat to feel the vibration of the voiced sound) guitar

H h (hand in front of mouth to feel the breath) hot

I i (a little bounce with your shoulders) igloo

J j (motion like you're putting on a jacket) jacket

K k (turn your hand like you are holding and turning a key to unlock a door) key

L l (pointer finger in a straight line down) lion

M m (hand rubs stomach like you just ate something really yummy) monkey

N n (start from your nose and pull your hand away) nose

O o (draw a circle around the shape of your open mouth) octopus

P p (hand at your mouth then push away) push

Qu qu (hands above head like you are holding and putting on a crown like a queen) Queen

R r (make a lowercase r with your hand) rainbow

S s (make a snake motion with your hand) snake

T t (make a lowercase t using your fingers) turkey

U u (write the letter u with your pointer finger) umbrella

V v (hands in the shape of a V and then explode up like a volcano) volcano

W w (wiggle your fingers downward to represent water) water

X x (both arms go across your body to form an X) box

Y y (pointer finger and middle finger up like a V and then pull down to make a straight line forming the letter Y) yoyo

Z z (both hands out by your side and wiggle them up and down as if you were buzzing like a bee) zebra